

**FACTS**

- **Ca. 8% der Schwangeren haben Asthma bronchiale (USA)**
- **Schwangere mit schlecht eingestelltem Asthma bronchiale haben erhöhtes Risiko für**
  - **Präeklampsie**
  - **Frühgeburten**
  - **Intrauterine Wachstumsverzögerung**
  - **Kongenitale Malformationen**
  - **Perinatale Todesfälle (Kind und Mutter)**
  - **Asthma-Exazerbationen (ein 1/3 der schwangeren Asthmapat.)**

# DIAGNOSTIK

## Anamnese



## Klin. Untersuchung

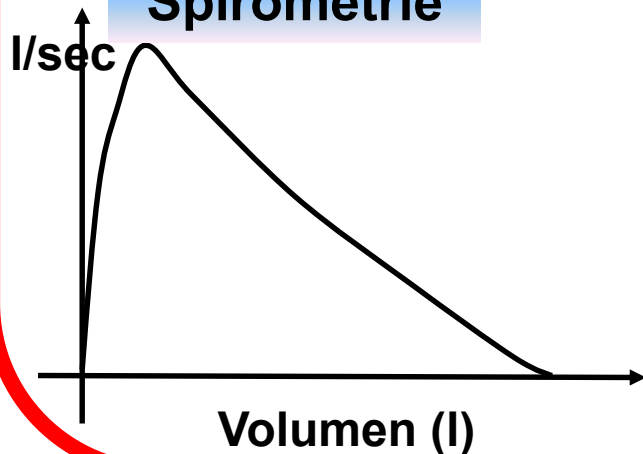


## Allergie?



Spezifische IgE (z.B. Hausstaubmilben) ✓

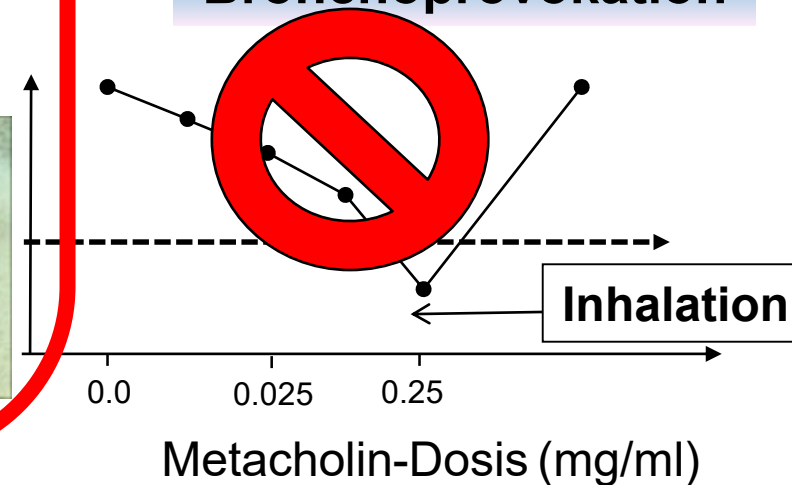
## Spirometrie

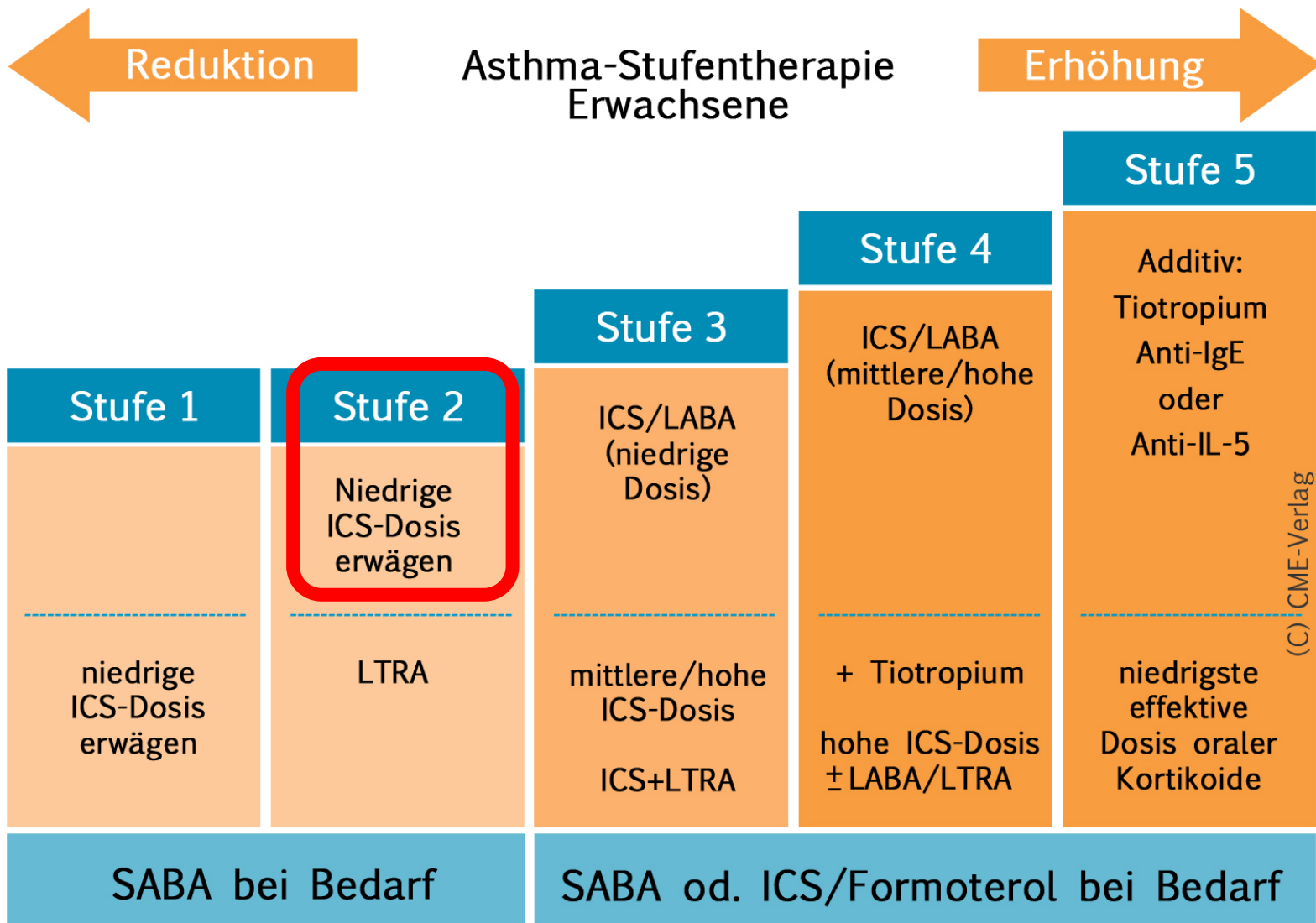
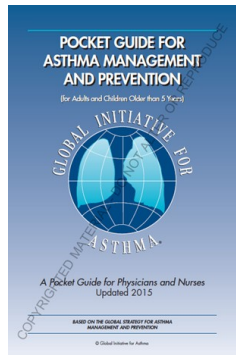


## Peak-Flow-Protokoll



## Bronchoprovokation





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ICS: Inhalative Corticosteroid  
 LABA: Long-Acting beta-2 Agonist  
 LTRA: Leucotrien Antagonist  
 SABA: Short-Acting beta-2 Agonist

**Table 2. Steps of Asthma Therapy during Pregnancy.\***

<b>Step</b>	<b>Preferred Controller Medication</b>	<b>Alternative Controller Medication</b>
1	None	—
2	Low-dose inhaled corticosteroid	LTRA, theophylline, or cromolyn
3	Medium-dose inhaled corticosteroid	Low-dose inhaled corticosteroid plus LABA, LTRA, or theophylline
4	Medium-dose inhaled corticosteroid plus LABA	Medium-dose inhaled corticosteroid plus either LTRA or theophylline
5	High-dose inhaled corticosteroid plus LABA	—
6	High-dose inhaled corticosteroid plus LABA plus oral prednisone	—

Schatz M et al. N Engl J Med 2009;360:1862-9.